

*NAMI Sacramento is a grassroots organization that provides a community of support, education, resources and outreach activities to families, friends and persons with mental illness so as to improve their general welfare, and to reduce the stigma of mental illness.*

**NAMI Sacramento  
Board of Directors Meeting Minutes**

**June 25, 2015  
6:30 - 8:30pm**

Sacramento County Division of Mental Health  
3331 Power Inn Road, Conference Room 1A  
Sacramento, CA 95826

**Meeting called to order:** By Larry Liseno, 6:31 p.m.

**Members Present:** Larry Liseno, Charlayne Bowman, Ellen King, Valerie Ries-Lerman.

**Members Absent:** Charlet Demers-Inthavongxay, Eugene Willis.

**1. Welcome and Introductions:** David Bain, Executive Director.

**2. Agenda Agreement:** Yes

**3. Minutes** for May 31 2015 meeting unanimously approved with minor revision. Moved by Charlayne and second by Valerie.

**4. Old Business**

- a)** By-laws Revision: Larry. Committee meeting, June 27, to digest, to condense and then to present revisions at board retreat for discussion.
- b)** Employee Sick Leave Change: State law taking effect July 1<sup>st</sup>. Certain employees will now qualify for sick leave based on hours worked.  
Employee handbook revision to be presented at board retreat.
- c)** Support Group Facilitator Burnout: NAMI Connections needs more Facilitators. We'll offer training soon, and we hope to bring groups to Folsom, Midtown, and CARES facility.
- d)** Volunteer Compensation Discussion: Should we give free memberships, \$25 gift cards, hourly wages? Clearly we want our volunteers to know they are appreciated. Further discussion at retreat.

## 5. Reports

- a) **President's Report:** Larry. Our volunteer chair had no report.
- b) **Treasurer's Report:** David. Unanimously approved. Moved by Valerie. Second by Charlayne.
- c) **Executive Director's Report:** David. See enclosed report.
- d) **Committee Chair Reports**
  - 1. **NCNAMIWalk:** David. See E.D. report. Database problem prompted talks with NAMI national, a survey to team captains, and we plan to talk to national at the upcoming convention.
  - 2. **Multi-cultural:** David. Pathways event taking shape for July with a poetry slam, M.D. speaker, and Sac P.D. CIT program. PR includes coverage by a Hmong radio station and fliers.
  - 3. **FaithNet:** Larry. See enclosed report. Clergy and law enforcement will work together, reaching out to youth.
  - 4. **Grants:** Ellen. Committee to meet soon. Jane out of country.

**6. Announcements and Updates:** Board retreat scheduled for July 25<sup>th</sup> noon-4pm.

**7. Public Comment and Wrap:** No public comment.

Meeting Adjourned at 8:12 PM.  
Respectfully Submitted,  
Valerie Ries-Lerman, Secretary

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## **ENCLOSED REPORTS**

**PRESIDENTS REPORT: NONE**

**EXECUTIVE DIRECTORS REPORT, JUNE 25, 2015:**

Effective 6/25/15, NAMI Sacramento had 208 members.

### **Fund Raising**

Big Day of Giving (BigDog)

The final tally on the BigDog fundraising campaign is \$4500. I have included some donation information in the board package. Donations ranged from \$25 to \$1000. All donors were immediately thanked and further donor management will occur.

It was advertised that funds received would go towards education and outreach presentations.

The only expense (other than labor) was \$100 that NAMI Sacramento had to pay the organizers to offset their cost of managing their effort. Between Ellen, Donna and me, I estimate 45 hours of labor went into this endeavor. At the most, our labor expense would have been approximately \$1000. Our organization remains in their system and potential donors can continue to review it and decide if they want to donate to NAMI Sacramento.

### NAMI Walk

On Monday June 15th, Donna and I had a phone meeting with the ED of NAMI, and the Director of their Walkathon Campaign. They had found out we weren't happy with the database and researching a new one. We had an hour long discussion regarding this, providing some specific examples and the overall effects we felt it had on the success of our Walk.

There was a follow up discussion on Thursday June 18<sup>th</sup> with the same two national representatives and the rest of the walk managers. We didn't need to say anything during this meeting as the rest of the walk managers had plenty of grievances.

The result, at this point, is National is going back to the developer with all this information to get these things fixed. We went through a similar process last year, the difference being the National ED was participating. We did find out that the owner of the development company has a daughter living with mental illness, so he is giving national a "break" in price. Which in theory, is trickling down to the affiliates. The NAMI ED did say that they are losing money on the Walk each year, so it's unlikely that they will change vendors.

### Future possibilities

On Thursday June 4<sup>th</sup> I had a phone meeting with NAMI Sacramento member Ann Marie McKnight and a member of NAMI Nationals public relations team. Ann Marie has been having discussions with a band called Blue October about having a similar event like we did with the Wailin' Jenny's. The event would be part outreach and part fundraiser and would reach a different crowd. We reached out to National so this could be coordinated throughout the US. The band has a strong connection with our cause and appreciates the work that NAMI does. Their next tour will be in 2016.

### Education

We finished a P2P class with nine graduates in June, and a F2F class with 22 graduates. We are working on having a P2P class in the fall at T-Core and hoping for two F2F classes. One will be at the Sac. County Mental Building and the other will (hopefully) be in the north part of town along the I-80 corridor. We have a number of people who live in the Citrus Heights/Roseville area inquiring about the classes. I have reached out to the ED at TPCP and they may have a facility we can use at no cost.

I attended the last two nights of the F2F class, talking to them about advocacy and the importance of being a NAMI member.

## **Outreach**

I attended the Sacramento County Mental Health Board meeting on June 3<sup>rd</sup> and the Sac. Co. Steering Committee meeting on the 18<sup>th</sup> and introduced the Pathways event (and distributed flyers) coming up on July 18<sup>th</sup>.

On Wednesday the 17<sup>th</sup> I went to the Department of Rehabilitation to talk about our services to their vocational rehabilitation team. They are interested in Pathways and may have a resource table and possibly a future general meeting presenter.

On Thursday the 11<sup>th</sup> and again on the 26<sup>th</sup> I attended a City of Sacramento Disability Fair, setting up the resource table.

David Bain  
Executive Director

## **FAITHNET COMMITTEE REPORT - LARRY LISENO – JUNE 25, 2015**

On June 11, 2015 I attended a resource fair, which occurred about two hours prior to the Second Annual Ministers Academy Graduation Ceremony at 7:00 p.m. The location was Police Headquarters, 5770 Freeport Blvd., and the attendees were 42 graduates and their families. Also attending were several police officers, staff and the Deputy Chief of Police.

I spoke with everyone and educated all about our mission and programs, and our willingness to be a resource for these faith communities.

The purpose of the Cops and Clergy Program is to encourage local pastors and ministers to communicate freely with law enforcement so as to develop trust.

The purpose of the resource fair was to network with both law enforcement and faith leaders.

Five faith leaders expressed definite interest in FaithNet and I will follow-up with meetings at their churches. Several others will "keep us in mind."