

**NAMI Sacramento
Board of Directors Meeting Minutes**

January 22, 2015

6:30 - 8:30pm

Sacramento County Division of Mental Health
3331 Power Inn Road, Conference Room 1A
Sacramento, CA 95826

Meeting called to order: Susan Goodman, Acting President

Members Present: Charlet Demers-Inthavongxay, Dave Slavin, Valerie Ries-Lerman, Larry Liseno, Eugene Willis, Ellen King, David Bain (ED) and Donna Wood (Walk Manager)

Members Absent: None

1. Welcome and Introductions:

Newly elected directors, Eugene and Ellen were welcomed to the Board. Louise Lockett, NAMI Sacramento member, introduced herself as interested in Board proceedings and she was encouraged to participate in discussions.

2. Minutes for the last Board meeting, October, 23, 2014, were not at-hand and review and approval was deferred to February 26th.

3. Reports

a) President's Report: Susan gave brief reflections on her son's progress.

b) Treasurer's Report: David B., overseeing treasury until a Treasurer steps forward, said financials were not ready because of bookkeeper's schedule, and review and approval was deferred to February 26 or earlier if email voting can be processed. Larry reminded Board of directors' responsibility to sign a Consent to Electronic Transmission form and handed one to each director to give to David B. for filing. The budget for 2015 was distributed for Board review and a vote of approval is deferred or delayed per new President's decision.

c) Executive Director's Report: David B. See enclosed report.

d) Committee Chair Reports

No committee chair reports were given due to discussions during ED report and Walk Manager report. The Walk Manager report is enclosed.

4. Announcements and Updates:

a) Dave Slavin announced his resignation from the Board. He and family will relocate to New Hampshire because of employment. The Board thanked him for his service to NAMI Sacramento and wished him the best.

b) Election of Officers for 2015: Chair asked for nominations for President. Larry nominated Eugene and Susan nominated herself. Chair asked for nominations for Secretary. Valerie nominated Larry and Charlet nominated Valerie. Result of election by written ballot: Eugene was chosen as President and Valerie was chosen as Secretary.

5. Public Comment and Wrap: None

Meeting Adjourned at 8:30 p.m.
Respectfully Submitted,
Larry Liseno, Acting Secretary

ENCLOSED REPORTS:

EXECUTIVE DIRECTOR'S REPORT TO THE BOARD - January 22, 2015

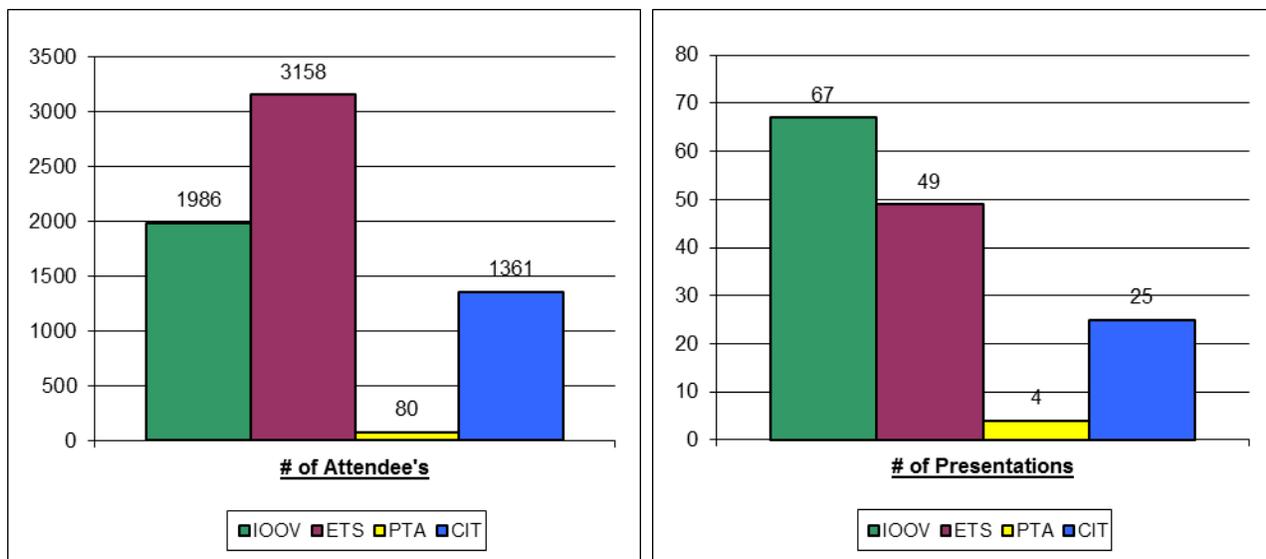
Donna Wood and I met with Sacramento City Councilman Larry Carr and his staff to discuss holding a Multicultural Outreach event this July. The hope was to hold it at the Pannell Center in South Sacramento as its hosted events like this before, however it is booked throughout the month, so we need to find a facility. It needs to be large enough to hold several hundred people, have adequate parking and be free of charge. Councilman Carr is supportive of the effort and will lend his network to get the word out and help us find sponsors.

Doug Smith and I are now part of a Cares Mental Health Steering Committee, along with members of Mental Health America. Cares has a budget of \$75,000 (per year, or over several years?) to be spent on community oriented mental health services. No decisions have been made at this point on how the funding will be spent. Last summer, before Cares knew what resources they were going to dedicate towards mental health services, we pitched the idea of them sponsoring a Peer-to-Peer class and hosting a Connections support group. Now, I also want to get in a Family to Family course and support group as well.

I attended the Sacramento County Mental Health Steering Committee meeting. (result?)

Larry and I met with a representative from Senator Richard Pan's office to fully introduce her to our organization. She also brought representatives from new Assemblyman Jim Cooper's office for the introduction. Both are open to sponsoring the Walk, and attending the event. Sponsorship information has been sent to both legislators.

2014 Program Presentations



12/1/14 attended swearing in ceremony for State Senator Dr. Richard Pan

12/9/14 attending swearing in ceremony for Sacramento City Councilman Larry Carr

12/10/14 Big Dog webinar for database profile training Cultural Responsiveness

NAMI California Cultural & Linguistic Responsiveness Toolkit. The Toolkit is near completion, and will eventually be shared with all NAMI Affiliates.

In the meantime, I am hosting a webinar to give you a "sneak peek" at the Toolkit so that you can see how best to use the Toolkit in advancing your cultural and linguistic responsiveness efforts. The webinar is scheduled for **Friday, 12/12/14, from 10:00-11:30am**

12/9/14: Attended a webinar for Intentional Peer Support as a Framework for Building Diverse Communities

12/16/14

Mentor on Discharge Program

Last year Ellen King came to me and talked about the Mentor on Discharge (MoD) program. The goal of this program is to reduce recidivism in psychiatric hospitals. This program was started by NAMI Alameda South County several years ago, in partnership with John George Psychiatric Hospital. Now, several other bay area NAMI affiliates are working on getting the program into their county. I had a preliminary meeting with the Turning Point executive team regarding a possible partnership, and they agreed. They will be instrumental in finding funding for the program.

12/17/14

Legacy Class

12/17/14

I met with City of Sacramento Police Officer Michelle Lazark. She has been hired to be the Sac PD's Crisis Intervention officer for the City of Sacramento. They are in the process of hiring a clinician who will ride with her. Michelle will be our guest speaker for the February general meeting and possible contributor to our newsletter.

David Bain

Executive Director

WALK MANAGER'S REPORT TO THE BOARD - January 22, 2115

Revenue Projections

- Sponsorships \$ 35,000
- Walk Teams \$145,000
- Total Projected Revenue \$180,000

Sponsorships

- Sponsorship Projection \$ 35,000
- Sponsorship To Date \$ 15,000*

Walk Team

- Team Goal \$150,000
- Team Income To Date \$3,800
- Teams Registered To Date 20
- Walkers Registered 52

Steering Committee

- All nine Affiliates are on contract and in agreement with the 2015 goal. Their challenge is to increase their revenue by one-half or a whole team, generally between \$500-1,000 over 2014.
- New ideas on Walk sponsors and Walk Day have been the focus of the discussion. Additions will include a Memorial Wall, pet adoptions, local library exhibit and Hispanic performers, honoring past Team Captains and more. Representatives from all nine counties are engaged and working on specific assignments.

Walk Information Meetings (WIM)

- Seven of the eight Affiliates have scheduled WIM meetings. Either Pat Pavone or Donna Wood will be supporting these events.
- The Sacramento WIM was held on January 12, as part of the monthly General Meeting. Honorary Chair, Jennifer Whitney greeting the members.
- Guests were encouraged to refer names/contacts of organizations who may want to form teams. Participants whose referrals produce results will be entered into drawing at the end of the Walk.
- In development are two social media campaigns will include a video contest to be underwritten by a major sponsor and a 'talking mental health' photo series.

Kick-off Luncheon

- The luncheon has a new home - Hilton Arden West.
- The theme is 'Walking off the Blues" - featuring Converse Sneakers and Blues Albums as table decorations.

- Belinda Beckett scheduled a site visit and has arranged some exciting perks for the attendees.
- A jazz clarinetist and the NAMI jingle author will be performing.
- The hotel is donating a one-overnight stay to be used as an incentive/prize.

Next Steering Committee meeting: Saturday, February 14, 2015

Respectfully submitted,
Donna Wood,
Walk Manager