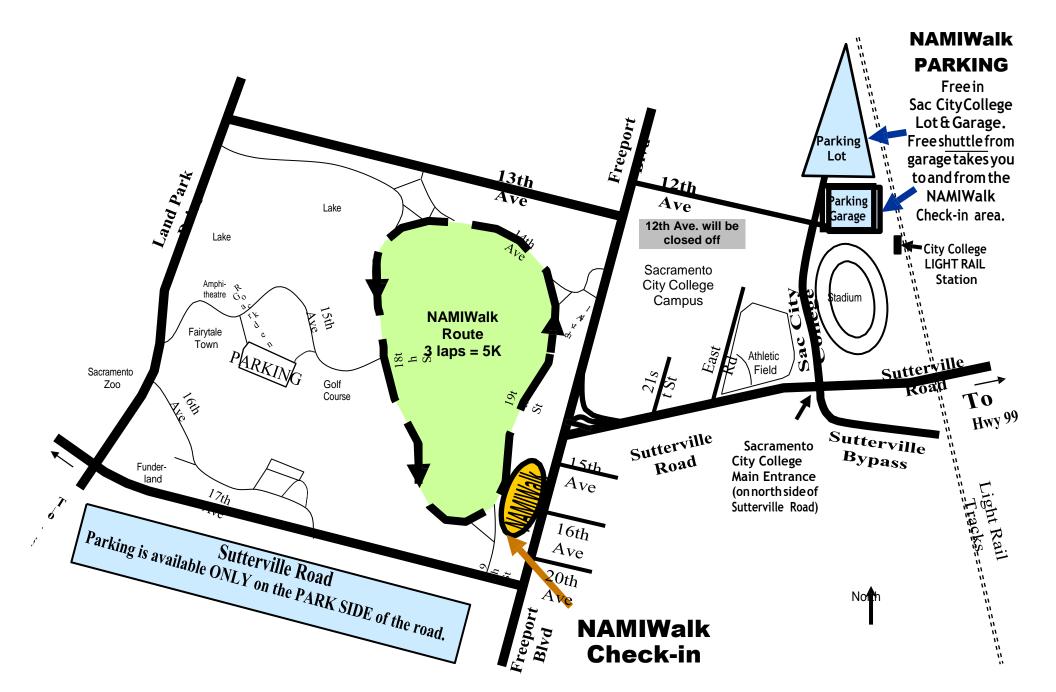
8 AM: Check-in, Health and Wellness Expo Opens • 9 AM: Program and Warm-up • 10 AM: Walk Starts

NAMIWalk check-in is inside William Land Park near 1950 Sutterville Road, Sacramento, CA





# Northern California NAMIWalk — Saturday, May 6, 2017

8 AM: Check-in, Health and Wellness Expo Opens

9 AM: Program and Warm-up

10 AM: Walk Starts

# DIRECTIONS TO PARKING GARAGE AND LOT on Sacramento City College campus near 2351 Sutterville Road

## From Hwy 99

Take 12th Avenue exit and go west (left from the South; right from the North).

12th Ave immediately becomes Sutterville Rd. Go about 3/4 mile and over the railroad overpass.

Opposite Sutterville Bypass turn right at Sacramento City College main entrance.

Go straight until you see the parking garage on right. Park in garage or lot beyond the garage.

Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

### From I-5

Take Sutterville Road exit and go east (right from the South; left from the North).

Continue for approximately 1 mile to Freeport Blvd. Turn left onto Freeport and go one block. Turn right onto Sutterville Road.

Opposite Sutterville Bypass turn left at Sacramento City College main entrance.

Go straight until you see the parking garage on right. Park in garage or lot beyond the garage.

Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

#### **GPS or Online Map Search**

Enter "2351 Sutterville Rd., Sacramento, CA" in google or "2301 Sutterville Rd., Sacramento, CA" in mapquest. This will get you near the entrance to Sacramento City College.

Opposite Sutterville Bypass turn into the Sacramento City College main entrance.

Go straight until you see the parking garage on right. Park in garage or lot beyond the garage.

Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

You can pre-register here: <u>www.namiwalks.org/northerncalifornia</u>